



# MONTHLY MULLIGAN

HIGH MEADOW RANCH LADIES GOLF ASSOCIATION

SEPTEMBER 2020

VOL. 1

2020 OFFICERS & CONTACTS

## ***The President's Tee Box***



*It is hard to believe that the summer is almost over, with only a couple of weeks left. By the time the next newsletter comes out, the fall equinox will have come and gone. This year seems to be going so fast and we have accomplished so much as a league!*

*I hope that you all have been enjoying the rounds of golf, clinics, and practice, but remember that most of game is mental.*

*Bobby Jones once famously proclaimed, "Competitive golf is played mainly on a five and a half inch course, the space between your ears."*

*The first person to come and tell me, in person, where competitive golf is played according to Bobby Jones will receive a prize!*

*I know that my mental game has messed with my round on more than one occasion. Just remember if you have a bad hole then leave it on that green and start fresh on the next tee box.*

*I'm looking forward to seeing everyone at the tournament on Sept 17th, if not before.*

*Stacie*

### **President - Stacie Strine**

832-545-8476

### **Vice President - Cathy Rosado**

832-444-9181

### **Treasurer - Katie Steele**

281-536-8211

### **Secretary - Leslie Bailey**

713-447-4747

### **Tournament Director - Natalie Taylor**

713-501-5117

## **HIGH MEADOW RANCH LADIES GOLF ASSOCIATION**



**2nd ANNUAL HMRLGA  
LADIES TOURNAMENT**

**AROUND THE WORLD  
IN 18 HOLES**

Benefiting David Goff Memorial Scholarship  
& John Hardin Hicks Memorial Scholarship

**THURSDAY SEPTEMBER 17th 2020**

**HIGH MEADOW RANCH GOLF CLUB**

## **SCHEDULE OF EVENTS**

Driving Range opens at 7.00 am

7.30 – 8.15 am Player Check-In

8:00 a.m. Grab & Go Breakfast

8.45 a.m. – Pre Tee-Off Meeting

9:00 a.m. Shotgun Start

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Buffet Lunch following play

Awards

Raffle

Best Dressed Team Contest

# RULE REVIEW OF THE MONTH

## Golf Etiquette: The Basics Every Golfer Should Know

### GOLF ETIQUETTE IS ABOUT MORE THAN JUST MANNERS

Is slow play on the golf course a result of bad habits that golfers have acquired over time, or is it the result of the golfer never having been taught proper golf etiquette? Often we look at other golfers on the course and notice things they do to slow down play, but when we take an honest look at ourselves, we often discover we're doing some of the same things to slow down play that we're complaining about others doing!

Below are some tips to speed up play but it's important to note that many of these tips have nothing to do with rushing your play, but rather with simply being *ready to play*, and with using common sense and *good etiquette* on the course. The bottom line is, as soon as it's your turn to play, you should be ready to step right up and make your shot!

#### "Ready Golf" Is a catch-all way to speed up play.

Golfers have always based order of play on the concept of being "out" (the golfer whose ball is farthest from the hole). That golfer is supposed to play first, followed by the next-farthest away and so on. That has always been a matter of etiquette (and, in match play, a matter of rules). But, "Ready golf" means that each golfer in a group plays when ready. If you are not the one who is "out" but you are ready to play your stroke while the others in your group are not, go ahead and hit. Not only is ready golf now allowed in the rules in stroke play, but the governing bodies of the sport encourages it.

#### AT THE TEE BOX

- Be ready to take your shot as soon as the player ahead has hit.
- Pay attention to each others' drives. If they lose sight of their ball, you can help direct them to it and avoid any searching.
- When waiting for the group in front to clear the fairway, don't be so strict about order of play. Let the short hitter — who can't reach the group ahead anyway — go ahead and hit.
- If you are unsure whether your ball has come to rest out of bounds, or may be lost, immediately hit a provisional ball so that you won't have to return to the spot to replay the shot.

#### BETWEEN SHOTS

- Use the time getting to your ball to think about the next shot — the yardage, the club selection etc.
- Walk at a good pace between shots. Speeding up your gait a little is good for your health, but also might help your game by keeping you loose.

#### ON THE GREEN

- When chipping around the green, carry both the club you'll be chipping with plus your putter so you don't have to return to the cart.
- Begin reading the green and lining up putts as soon as you reach the green. Don't wait until it's your turn to putt to start the process of reading the green.
- Do not prevent another players approach onto the green by putting your balls unless those players are not ready to chip on.
- After putting out, don't stand around the green chatting or take any practice putting strokes. Leave quickly, return to your golf cart, drive to the next tee, and then put away your putter. Likewise, mark your scorecard after reaching the next tee.
- Don't bother marking lag putts — go ahead and putt out if it's short enough and you won't be trampling on another player's line.

#### LOST BALLS

- Limit time spent looking for a lost ball to 3 minutes
- Other players should hit their balls first, before helping search for a lost ball

#### USING GOLF CARTS

- If using a cart on a cart-path-only day, take more than one club with you when you walk from the cart to your ball.
- When two players are riding in a cart, drive the cart to the first ball and drop off the first player with her choice of clubs. The second player should proceed in the cart to her ball.

#### RESPECT OF FELLOW PLAYERS

- Never delay making a stroke because you're having a conversation with a playing partner. Put the conversation on hold, make your stroke, then pick up the conversation again.
- If you're the type who likes to offer golf tips to playing partners, save it for the driving range — or only do so on the course when you're sure that you're not slowing down play (and sure that you're not annoying your partners!)
- Respect other players by silencing phone calls.

#### OTHER TIPS

- Work on building a concise pre-shot routine. If your pre-shot routine is a lengthy one, it's probably in your best interests to shorten it anyway. Limit practice strokes to one or two at the most.
- Carry extra tees, ball markers and an extra golf ball in your pockets so you never have to return to your golf bag to find one when needed.



"Nice going, Amy! My ball would be on the green if you hadn't gotten in the way!"

# Member Spotlight

## TARA DORRUM - member since 2019

I am a wife of 42 years, a mom of 3 grown sons and a Gigi to 7 perfect grandchildren! Something you may not know about me is I am an ordained Chaplain with the International Fellowship of Chaplains. I was the Tomball Fire Dept Chaplain for 5 years. It was really rewarding but after serving there I realized my favorite part of it was the weddings I was able to do for so many of the firefighters. After lots of prayer and thinking it over, I left TFD and started a wedding officiant business called 'Going to the Chaplain', which is in it's 5th year. I don't have many weddings anymore as the quarantine has completely changed the face of the wedding business, and many brides and grooms get a family member or friend to get an online certificate as an officiant, but now and then I will get an inquiry!

Dave and I moved to HMR 12 years ago. Dave has played golf since he was 8, over 50 years and I had never picked up a club. About 3 years ago we had some remodeling done and honestly I felt like I needed to get out of the house! I signed up for a lesson with Roger and from the first lesson until now I still love it. I always remind Dave that I have become the perfect wife since I now play golf. 😊

It is definitely a love/hate relationship with golf, but I have met some amazing women! I feel very blessed to live in HMR and really enjoy having the 7th fairway in my backyard and watching the many golfers hit their 2nd shot!! I feel extra blessed that I get to play golf with so many women I admire and learn from, and I look forward to many more rounds!



## Meet our Secretary

### Leslie Bailey - member since 2017

I was born in Blue Island, Illinois in 1951 along with my fraternal twin sister Linnea (I am the oldest by 4 minutes!) and we were joined 5 years later by our sister Mara. When I was 23, I moved to Colorado Springs, where, one day at the pool, I met a musician and we started playing gigs around the city. Jim played the guitar and I played the organ.



It was a fun time, but as scenic as Colorado Springs was, I was tired of the cold weather, so off to Houston I went. I worked as a legal secretary at Fulbright & Jaworski for 31 years and sang with The Ambulance Chasers, mostly at Fun Runs at 7am - ARGH! I bought a karaoke machine and still enjoy singing every now and then. In 1994, I met my wonderful husband John who introduced me to golf. I had always enjoyed watching golf on TV and thought I'd give it a try. Needless to say, I have been hooked ever since.

My bestie, Mary Bracken, introduced me to the HMR Ladies Golf league back in 2017. I didn't realize how long this course was since I was used to playing shorter courses like Treeline, Fox Creek and Heron Lakes.

The first time I played HMR, I was with Ivy and Mary and shot a 143!! Mary and Ivy had a lot of patience and after a lot of encouragement, I decided to join the league.

Jean Ferconio took me under her wing saying "You have got to play more golf to get better." so off to Longwood we went. The following year, I won "Most Improved" - not hard when you start out with a 43 handicap, ha!! Thank you Jean for your patience and guidance, although my skills are still like a roller coaster - up and down!

I have enjoyed meeting and playing with you wonderful ladies and look forward to many more rounds! A special thank you to our HMRLGA Officers for the awesome job they are doing to grow our amazing ladies league.

Love and hugs, Leslie

# Happy Birthday

## SEPTEMBER BIRTHDAYS

23rd - Paweena Bennett  
23rd - Cathy Rosado  
25th - Kim Hensley



# MEMBERS CORNER



### Question of the Month:

Can you ground your club in a water hazard? And, can you take a practice swing?

**Text your Name and the answer to Stacie Strine.**

The first FIVE correct answers will win a prize at next playday!

DEADLINE FOR ANSWERS  
Wednesday September 9th.

# Congratulations



**Big Congratulations goes to our very own Stacie Strine!**

*Stacie sunk her First Hole-In\_one on August 27th 2020, on Hole #5 using her 6-Hybrid!*

## Member Milestones

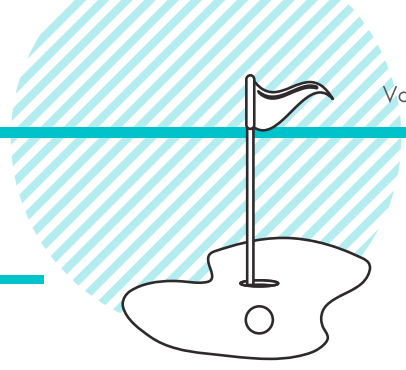


Stacie Strine  
- Hole in One

Linda Fankhasuer  
- First Birdie



# Just Fore Fun!

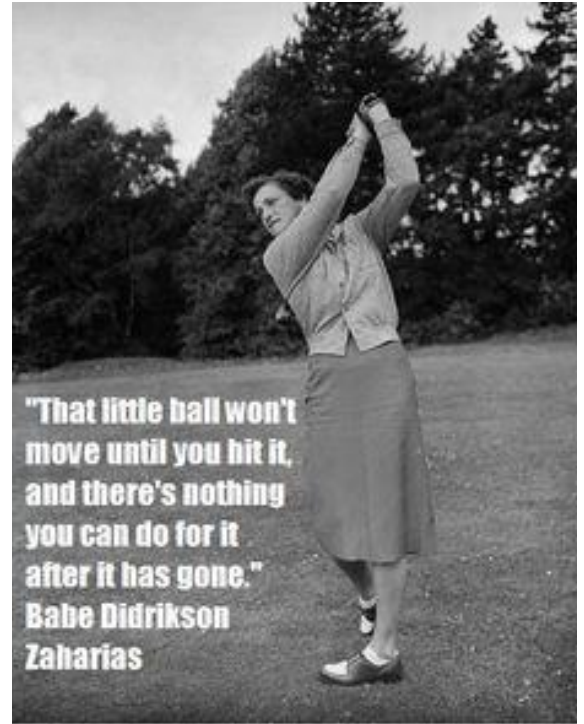


## Golf

C U I R O N S X L V S J S U N  
 W P U T T I N G G R E E N C E  
 Z A Z D G E X H F S K Z S A E  
 F C T A N P O L R O Q E T D R  
 O A R E I A A I R A V Q R D G  
 R Z I H R G L T Y O V P O I Y  
 A O C R S H S T R S G O K E N  
 N G U T W Z A G O A B T E S E  
 D U I G S A S Z T C I U P A E  
 A C O E H R Y O A E S P L E T  
 K L L O E Y U P P R E A A C H  
 F O E N J R E V I R D R Y U G  
 H O W N M Y A L P H C T A M I  
 T O U G I Q W X L L A B U N E  
 D U S G A N Y B U N K E R S P


BALL  
 CADDIES  
 CLUBS  
 DRIVER  
 FAIRWAY  
 GOLF  
 HOLES  
 MATCH PLAY  
 PAR  
 PUTTING GREEN  
 ROUGH  
 STROKE PLAY  
 TEE  
 WATER HAZARD

BUNKERS  
 CHIP  
 DOWNERS GROVE  
 EIGHTEEN  
 FLAG STICK  
 GREEN  
 IRONS  
 NINE  
 PGA TOUR  
 R AND A  
 SCOTLAND  
 STROKES  
 USGA



"That little ball won't move until you hit it, and there's nothing you can do for it after it has gone."  
 Babe Didrikson Zaharias





## GOLF TRIVIA

1. Where was the game of golf invented?
2. What was the longest putt ever?
3. Who had the longest ever televised putt?
4. Who was the first professional golfer?
5. Who is both the the youngest & oldest player to win The Masters?
6. T/F: The only female golfer to make the cut at a PGA Tour event is Babe Zaharias at the L.A. Open in 1945.
7. Where was the first golf club founded?
8. When did the first golf club open in the US?
9. T/F: The chance of two holes in one in a single round are approx 67 million to 1.
10. T/F: Tiger Woods was only 5 when he got his first hole in one.

**ANSWERS:** (1) Scotland (2) 375 feet (3) Dave Pelz (4) Walter Hagen (5) Jack Nicklaus (6) True (7) England (8) 1893 (9) True (10) False. He was 8.

# COACHES CORNER



## How are you using the Driving Range during Warm up and Practice?

Do you just hit ball after ball on the range with no set goal or intention or just to loosen up the body before a round? To see improvement and more impact on your game, use these following tips while using the range -

- Find a target and try to hit your ball, solid at it!
- Know your markers located on the range, so you can find those targets!
- Pay attention to your mistakes - this is the best teacher!
- Be cognizant of your ball flight and where your ball lands, to help with depth perception when on the course.
- Write down your carry yardages for each club on a card, so you remember them.
- Practice those individual yardages. If your 6-iron carries 100 in the air, make sure it does!
- If your balls are not reaching your targets, please be able to tell your local Pro why its not getting there.

### CLINICS

Monday 11.00 - Operation 36

Wednesday 9.00 - Ladies PDP Clinic

Saturday 10.00 - All-Comers Clinic



### Individual Golf Instruction

Contact: Roger Stebbins  
[rstebbins@highmeadowranchgolf.com](mailto:rstebbins@highmeadowranchgolf.com)

## Fit Tip

FOR GOLF FITNESS

Hard-Boiled Eggs

Fresh Whole Fruit

Nuts

Trail Mix

Jerky: Beef, Turkey, Chicken

Peanut Butter

Turkey and Ham Roll Ups

Fresh Veggies

Hummus

Fiber Crackers

Nutrition, Granola and Protein Bars

## What are the Best Foods to Eat Before and During a Round of Golf?

Matt Jones is a sports nutritionist who has worked with European Tour players. In a 2015 story in Golf Digest, Jones talked about the best foods to eat before and during a round.

*"Before a round begins, you should consume a meal rich in protein, healthy fats, low-glycemic complex carbohydrates such as fruits, vegetables and beans, and small quantities of whole-grain starches such as potatoes, quinoa, rice or whole-grain breads,"* Jones said.

*"Dietary needs change once the round begins"*, added Jones, who developed an eating plan called **"Super 6 Strategy"**.

Stabilize energy levels on the first six holes, eating fruits like apples and oranges and snacking on nuts.

To maintain energy on the middle six holes, consume foods that include protein, fat and carbohydrates. Consider peanut butter and tuna sandwiches made with whole grain bread.

The goal is to finish strong on the final six holes, where an energy boost is needed. High-carb snacks such as dried fruit can lift your blood sugar and game down the stretch.

And throughout and after the round, "drink a lot of water,"